

Ayurveda

Ayurveda means "The Science of Healthy Living & The Art of Healing" and in a limited sense, commonly understood as "The Science of Indian Medicine". The World Health Organisation acknowledges Ayurveda as the world's most ancient, scientific, holistic and complete health care system. Originally from India where it has been practiced for millions of years Ayurveda is now rapidly gaining prominence throughout the world. Ayurveda guides us to longevity through inner content and health. As per Ayurveda, the individual body is composed of the Soul, Mind and the Body with five Mahabhoutas (Elements) namely: Ether, Air, Fire, Water, and Earth. **In the body** these Five Mahabhoutas are explained in terms of the three Doshas - Vata, Pitta and Kapha Energies (the five elements condensing to three doshas), the seven Dhatus (Body tissues) and the three Malas (Body wastes), applicable to humans, animals and plants. **In medicine, food, & the environment**, these Elements are represented by Rasa (taste), Guna (qualities), Virya (potency) and Vipaka (post digestive taste) and Prabhava (special effects). In Ayurveda the psychological & physiological functions of the body are very intricately interwoven, with the body having a natural tendency to maintain equilibrium for optimum health. Ayurveda is the most comprehensive health care system and takes into consideration the Soul, Mind, Emotions, Body, Time, Seasons & Demography. For maintenance of optimum health, a Spiritual path with dietary & Lifestyle changes are essential which assist in meditation and in dealing with stress, environmental & seasonal variations & illness. In this holistic science, Ayurveda considers the following, as most relevant to work out a health assessment/treatment plan: The environment (external/internal), diet, lifestyle, family traditions, work and home conditions & relationships, emotional and physical stress & toxins, society, age, sex, individual constitution with its strengths and weaknesses, the quality of the mind, qualities of food, acquired, inherited, environmental and Karmic influences. **Some of the Ayurvedic offers are:** Consultations, Diet & Lifestyle correction, Ayurvedic Facials, Shirodhara, Shiroabhyanga (Head Massage), Massages with a variety of herbal oils to suit the individual and the Season in which treatment is given, Full body steam and herbal Ubtan/ Lepa paste treatments, Katti and Uro Basti, Yoga therapies, Satkarma & Pancha-karma cleanses, (detox), Meditation, Vedic Astrology, oils, herbs, diet & Nutrition, minerals, herbal pastes, decoctions, tonics and rejuvenating treatments, reconciliation, forgiveness, meditation etc. These are used not only in sickness but for regular maintenance of health as well. Through Ayurveda the practical knowledge of self-healing can be acquired by all.

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

This qualification reflects the role of Ayurvedic lifestyle consultants who provide advice, selected remedies and therapies according to Ayurvedic principles. People working at this level may be self-employed independent practitioners or work in a larger health service.

HLT62615 Advanced Diploma of Ayurveda

This qualification reflects the role of Ayurvedic practitioners who possess well developed cognitive and communication skills plus specialised knowledge of Ayurvedic medicine that allows them to formulate responses to specific therapeutic needs. Practitioners at this level may be self-employed as independent practitioners or work in a larger health service. To achieve this qualification, the candidate must have completed 400 hours of work as detailed in the Assessment Requirements of units of competency.

As an Ayurvedic Practitioner, you learn Classical Ayurvedic Diagnosis & Health Care, Therapeutics & Remedial Therapies and Treatments, including Ayurvedic Medicine (making and dispensing), Sat Karma & Panchakarma Detox & cleanses, Nutrition advice, Shirodhara, Massage & Yoga therapies, Cooking Ayurvedic meals and formulations, advanced client care, Classical text of Charaka etc. Our extensive hands-on training prepares you for entry into the work force or your own practice, with ongoing support available.

Fees: Entire course fee may be paid weekly \$155 a wk.

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

CRICOS Code 089378G 78 weeks

Enrolment Fee \$500 and Tuition Fees \$ 155 a wk. x 72 wks. **Total \$12140**

HLT62615 Advanced Diploma of Ayurveda

CRICOS Code 089379G 132 weeks

Enrolment Fee \$500 and Tuition Fees \$155 a wk. x132 wks. **Total \$20600**

\$500 Enrolment fee is payable before course commencement

(Course Fee includes all notes, study materials, Clinic costs etc.)

Flexible Course fee installment plans available to all students

Entire course fee may be paid as a Minimum of \$155 every week of the course. Account management fee of \$250 per course is payable for all installment plans to be paid before course completion

Teas and vegetarian lunch provided at no cost in every class.

To be delivered at: 1 & 6, 5-11 Byron Street, Byron Bay, NSW 2481 Australia

For Refunds - Refer to Refund policy on our web site.

Please contact us for our detailed course information and Terms & conditions.

Ayurveda House incorporates:

- Ayurveda College, RTO (Registered Training Organisation) teaching Nationally Recognised, CRICOS & Austudy approved courses in Ayurveda at, Byron Bay, NSW
- HLT52615 Diploma of Ayurvedic Lifestyle Consultation
- HLT62615 Advanced Diploma of Ayurveda
- Teaching CRICOS approved courses to Overseas Students at Byron Bay, NSW
- ATMA (Ayurvedic Practitioners Professional Body Atma.)
- Ayurvedic Clinic at Byron Bay and Kyogle (Available for in-house and Panchakarma training & treatments at Kyogle)
- Ayurveda Essentials, manufacturing and distributing Ayurvedic Medicine and Products
- Ayurvedic Pharmacy
- Professional Consultation, Massage and other Ayurvedic Health, Beauty and Yoga therapies available at our Professional Clinics at Byron Bay & Kyogle
- Attend our Student Clinic for a consultation and massage/ therapy for \$50.00 (With prior booking)

Learn Classical AYURVEDA in Byron Bay

"The Science of Healthy Living & the Art of Healing"

Ayurveda College Pty. Ltd ABN 83086982005

RTO National Provider No 31161 CRICOS Provider Code 02613K

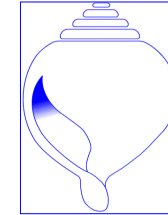
1 & 6, 5-11 Byron Street, Byron Bay, NSW 2481 Australia

And 27 Campbell Rd Kyogle NSW 2474 Australia

Tel: 02 66808788 / 02 66322244 / Mob: 0408485778

info@ayurvedahouse.com.au www.ayurvedahouse.com.au

*Celebrating
Over 36Yrs
of Ayurvedic
Education,
Training
& Practice in
Australia*



*Practical training
begins in the very first
week and continues
throughout the course.
Short courses available
Flexible study options
available. Entire course
fee can be paid by
weekly installments*

*Nationally Recognised Training in AYURVEDA
AUSTUDY & CRICOS approved Diploma & Advanced Diploma
Ayurvedic Practitioner Level Training*

All Training is provided Face to Face

(NOT Online, Webinars or by Correspondence)

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

CRICOS Code 089378G - 78 weeks

Starts 20 Oct. 2015, May 2016 (200 hours of clinic work mandatory)

HLT62615 Advanced Diploma of Ayurveda

CRICOS Code 089379G -132 weeks

Starts 20 October 2015, May 2016

(400 hours of clinic work mandatory)



Venue: Ayurveda College
1&6, 5-11 Byron Street, Byron Bay, NSW 2481
Tel/Fax: 02 66808788/ 0266322244 Mob: 0408485778

**Ayurveda Health and Beauty Centres at Byron Bay & Kyogle
open 6 days Mondays to Saturdays for
Ayurvedic Consultations, Therapies & Yoga Therapies**

Overseas Students are Welcome
**Overseas Visitors do not require a student visa for a short
12 week course of study in Australia (Confirm with DIBP)**

E-mail: info@ayurvedahouse.com.au
www.ayurvedahouse.com.au

**LIMITED SPACES
ENROLL NOW**

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

CRICOS Code 089378G - 78 weeks

This qualification reflects the role of Ayurvedic lifestyle consultants who provide advice, selected remedies and therapies according to Ayurvedic principles. People working at this level may be self-employed independent practitioners or work in a larger health service.

To achieve this qualification, the candidate must have completed **200 hours** of work as detailed in the Assessment Requirements of units of competency. Total number of units = 18, □ 13 core units □ 5 elective units, consisting of:

- at least 1 unit from the Business Management group below
- up to 4 units from the electives listed below, any endorsed Training Package or accredited course – these units must be relevant to the work outcome

Core units

CHCCOM006 Establish and manage client relationships

CHCDIV001 Work with diverse people

CHCLEG003 Manage legal and ethical compliance

CHCPRP003 Reflect on and improve own professional practice

HLTAAP002 Confirm physical health status

HLTAID003 Provide first aid

HLTAYV001 Develop Ayurvedic practice

HLTAYV002 Make Ayurvedic lifestyle assessments

HLTAYV003 Provide Ayurvedic bodywork therapies

HLTAYV004 Provide Ayurvedic lifestyle advice

HLTAYV005 Provide advice on Ayurvedic nutrition

HLTINF004 Manage the control of infection

HLTWHS004 Manage work health and safety

Elective units Business management

BSBSMB403 Market the small business

BSBSMB404 Undertake small business planning

BSBSMB405 Monitor and manage small business operations

BSBSMB406 Manage small business finances

Other electives

CHCAGE001 Facilitate the empowerment of older people

CHCCS001 Address the needs of people with chronic disease

CHCDIS007 Facilitate the empowerment of people with disability

CHCMHS001 Work with people with mental health issues

CHCPOL003 Research and apply evidence to practice

CHCPRP001 Develop and maintain networks and collaborative partnerships

HLTHPS010 Interpret and use information about nutrition and diet

HLTMSG001 Develop massage practice

HLTMSG002 Assess client massage needs

HLTMSG004 Provide massage treatments

HLT62615 Advanced Diploma of Ayurveda

CRICOS Code 089379G - 132 weeks

This qualification reflects the role of Ayurvedic practitioners who possess well developed cognitive and communication skills plus specialised knowledge of Ayurvedic medicine that allows them to formulate responses to specific therapeutic needs. Practitioners at this level may be self-employed as independent practitioners or work in a larger health service.

To achieve this qualification, the candidate must have completed **400 hours** of work as detailed in the Assessment Requirements of units of competency. Total number of units = 25

- 21 core units □ 4 elective units, consisting of:
- at least 1 unit from the Business Management group below
- up to 3 units from the electives listed below, any endorsed Training Package or accredited course – these units must be relevant to the work outcome.

Core Units

CHCCOM006 Establish and manage client relationships

CHCDIV001 Work with diverse people

CHCLEG003 Manage legal and ethical compliance

CHCPRP003 Reflect on and improve own professional practice

CHCPRP005 Engage with health professionals and the health system

HLTAAP003 Analyse and respond to client health information

HLTAID003 Provide first aid

HLTAYV001 Develop Ayurvedic practice

HLTAYV002 Make Ayurvedic lifestyle assessments

HLTAYV003 Provide Ayurvedic bodywork therapies

HLTAYV004 Provide Ayurvedic lifestyle advice

HLTAYV005 Provide advice on Ayurvedic nutrition

HLTAYV006 Take cases within an Ayurvedic framework

HLTAYV007 Diagnose conditions within an Ayurvedic framework

HLTAYV008 Provide Ayurvedic remedial therapies

HLTAYV009 Provide therapeutic Ayurvedic nutritional advice

HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna

HLTAYV011 Prepare and dispense Ayurvedic medicines - dravyaguna

HLTAYV012 Monitor and evaluate Ayurvedic treatments

HLTINF004 Manage the control of infection

HLTWHS004 Manage work health and safety

Elective units - Business management

BSBSMB403 Market the small business

BSBSMB404 Undertake small business planning

BSBSMB405 Monitor and manage small business operations

BSBSMB406 Manage small business finances

Other electives

CHCAGE001 Facilitate the empowerment of older people

CHCCS001 Address the needs of people with chronic disease

CHCDIS007 Facilitate the empowerment of people with disability

CHCMHS001 Work with people with mental health issues

CHCPOL003 Research and apply evidence to practice

CHCPRP001 Develop and maintain networks and collaborative partnerships

HLTHPS010 Interpret and use information about nutrition and diet

HLTMSG001 Develop massage practice

HLTMSG002 Assess client massage needs

HLTMSG004 Provide massage treatments

Delivery methods Courses will be delivered in a variety of methods including face-to-face lectures, demonstration by trainers and supervisors, practical clinic classes, individual and group work, Video, computer imaging, case scenarios, clinical experience, guest speakers, excursions to botanical gardens, clinics, Herbal medicine manufacturing facilities at Ayurveda House at Kyogle, treating clients under supervision etc. Emphasis is on hands-on training and students will be trained to do comprehensive consultations, provide advice on Nutrition, Massage, make & dispense Ayurvedic oils & medicine, Ayurvedic cooking, therapeutic Yoga, provide Ayurvedic medicine and Ayurvedic Remedial Therapies and cleanses and much more.

Range of Ayurvedic therapeutic Massage Therapies, Shirodhara, Advanced Diagnosis & Prescriptions, Sat Karma, Pancha Karma, Making Ayurvedic Medicine, Referrals, Reviews, and cleanses, Management in Health and illness, Management of Chronic illness, introduction to Meditation, Longevity through inner peace and health etc. are some of the important features of the Advanced Diploma Course in Ayurveda.

Over 36 Years Experience in Teaching & Practicing Classical Ayurveda
Entire training is delivered face-to-face by Nationally accredited Practitioners & Trainers with a minimum of 8 years of professional practice.
Equipment and facilities available to students during class and clinic are the best in the country and include reference texts, student shop, photocopier, computer, printer, wi fi, massage beds, linen and a range of Ayurvedic herbs &

oils etc., fully equipped Ayurvedic Clinics and other products.
Students are welcome to experience our Ayurveda Professional Clinic consultations & therapies at discounted prices. Student discounts are also offered on our entire range of Organic Ayurvedic products.

Learn Ayurveda the best way we know - through practical training under professional supervision . Our clinics provide you avenues to integrate your learning and demonstrate skills that are part of the assessment process. We guarantee Professional Ayurvedic Training and access to equipment in practical settings that is equal to the best in the industry. Your entire mandatory clinic work placement will be provided for at our own clinics.

Wholistic Assessment methods

Student's knowledge and skills will be assessed based on a combination of tasks such as clinic performance, case taking/ consulting, providing therapies, communication skills, practical demonstrations, oral questions and written assessments etc. taking into consideration the Training package requirements. (see timetable for details) Assessments to be held every two weeks. Massage, self massage and other Ayurvedic therapies are mandatory practices of the course.
The CEO will Provide/arrange for all possible support to individual students throughout the duration of the course and will also personally monitor their progress in the course itself.

About the teachers – Prof. Jason Chandler is a graduate of Tibetan Medicine (Tibet), graduate of Ayurvedic Medicine (India), Natural Therapies (Australia, Japan, USA), graduate Cert IV & Diploma Ayurvedic Lifestyle Consultation and graduate Advanced Diploma of Ayurveda (Australia) and has a Bachelors Degree of Communication. He is an accredited trainer and assessor and has been teaching and practicing Ayurveda in Australia for over 36years. He has also been teaching Ayurveda in India, Japan, Hong Kong, Singapore and USA. With early training in a Tibetan Monastery followed with intensive Ayurveda training in Tibet & India, Jason is well respected around the world for his knowledge and experience in Classical Ayurveda and invites you to participate in our training courses and Clinic. All Associate teachers are accredited trainers and assessors and have been teaching and practicing Ayurveda in Australia for over 8 years and are all Ayurveda College Graduate Ayurveda Practitioners.

About Ayurveda College. The Ayurveda College is Celebrating its 36th anniversary in Education, Training and Practice of Ayurveda in Australia. Our well-trained and experienced staff are committed to providing you with Professional Life-long Quality Training in Theory and Practice of Classical Ayurveda. The Ayurveda College has professional Clinics at Byron Bay & Kyogle and has its own pharmacy, practice rooms, equipment, accommodation (Kyogle only) and most experienced and caring, permanent teachers and Ayurveda Practitioners.

Please call for our detailed Application Form and course brochure. If you wish to apply for RPL (Recognition of Prior Learning) please provide us in brief, details of your Prior Learning & experience and RPL forms will be sent to you.

Ayurvedic Consultation with a full range of Ayurvedic Treatments & Traditional Therapeutics available. Overseas Students are Welcome.

© 1980 2016 Prof. Jason Chandler, Ayurveda & Tibetan Health Care, Professor & Practitioner, Course Brochure Version Jan 16

We welcome you to our practical, hands-on Training Courses in Classical Ayurveda and to our Ayurveda Health and Beauty Centres at Byron bay & Kyogle Overseas Students are Welcome, Overseas Visitors do not require a student visa for a short 2 week course of study in Australia (Check with DIBP)
Book in for a consultation or Massage Therapy at our Student Clinic \$50 (app. 1 Hour). Booking essential.

