

Ayurveda

Ayurveda means "The Science of Healthy Living & The Art of Healing" and in a limited sense, commonly understood as "The Science of Indian Medicine". The World Health Organisation acknowledges Ayurveda as the world's most ancient, scientific, holistic and complete health care system. Originally from India where it has been practiced for millions of years Ayurveda is now rapidly gaining prominence throughout the world. Ayurveda guides us to longevity through inner content and health. As per Ayurveda, the individual body is composed of the Soul, Mind and the Body with five Mahabhoutas (Elements) namely: Ether, Air, Fire, Water, and Earth. **In the body** these Five Mahabhoutas are explained in terms of the three Doshas - Vata, Pitta and Kapha Energies (the five elements condensing to three doshas), the seven Dhatus (Body tissues) and the three Malas (Body wastes), applicable to humans, animals and plants. **In medicine, food, & the environment**, these Elements are represented by Rasa (taste), Guna (qualities), Virya (potency) and Vipaka (post digestive taste) and Prabhava (special effects). In Ayurveda the psychological & physiological functions of the body are very intricately interwoven, with the body having a natural tendency to maintain equilibrium for optimum health. Ayurveda is the most comprehensive health care system and takes into consideration the Soul, Mind, Emotions, Body, Time, Seasons & Demography. For maintenance of optimum health, a Spiritual path with dietary & Lifestyle changes are essential which assist in meditation and in dealing with stress, environmental & seasonal variations & illness. In this holistic science, Ayurveda considers the following, as most relevant to work out a health assessment/treatment plan: The environment (external/internal), diet, lifestyle, family traditions, work and home conditions & relationships, emotional and physical stress & toxins, society, age, sex, individual constitution with its strengths and weaknesses, the quality of the mind, qualities of food, acquired, inherited, happiness, environmental and Karmic influences. **Some of the Ayurvedic offers are:** Consultations, Diet & Lifestyle correction, Ayurvedic Facials, Shirodhara, Shiroabhyanga (Head Massage), Massages with a variety of herbal oils to suit the individual and the Season in which treatment is given, Full body steam and herbal Ubtan/ Lepa paste treatments, Katti and Uro Basti, Yoga therapies, Satkarma & Pancha-karma cleanses, (detox), Meditation, Vedic Astrology, oils, herbs, diet & Nutrition, minerals, herbal pastes, decoctions, tonics and rejuvenating treatments, reconciliation, forgiveness, meditation etc. These are used not only in sickness but for regular maintenance of health as well. Through Ayurveda the practical knowledge of self-healing can be acquired by all.

HLT52615 Diploma of Ayurvedic Lifestyle Consultation
This qualification reflects the role of Ayurvedic lifestyle consultants who provide advice, selected remedies and therapies according to Ayurvedic principles. People working at this level may be self-employed independent practitioners or work in a larger health service. 200 hours of clinic work is mandatory for this course.

Attend our Practitioner supervised Student Clinic for a consultation or massage/ therapy for \$50.00 (With prior booking)

HLT62615 Advanced Diploma of Ayurveda

This qualification reflects the role of Ayurvedic practitioners who possess well developed cognitive and communication skills plus specialised knowledge of Ayurvedic medicine that allows them to formulate responses to specific therapeutic needs. Practitioners at this level may be self-employed as independent practitioners or work in a larger health service.

To achieve this qualification, the candidate must have completed 400 hours of work as detailed in the Assessment Requirements of units of competency.

400 Hrs. of Clinic work is mandatory for this course.

As an Ayurvedic Practitioner, you learn Classical Ayurvedic Diagnosis & Health Care, Therapeutics & Remedial Therapies and Treatments, including Ayurvedic Medicine (making and dispensing), Sat Karma & Panchakarma Detox & cleanses, Nutrition advice, Shirodhara, Massage & Yoga therapies, Cooking Ayurvedic meals and formulations, advanced client care, Classical text of Charaka etc. Our extensive hands-on training prepares you for entry into the work force or your own practice, with ongoing support available.

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

CRICOS Code 089378G 78 weeks (Inclusive of Holidays— see Timetable)
Enrolment Fee \$500 and Tuition Fee \$11640, Total **\$12140**

HLT62615 Advanced Diploma of Ayurveda

CRICOS Code 089379G 132 weeks (Inclusive of Holidays— see Timetable)
Enrolment Fee \$500 and Tuition Fees \$20100, **Total \$20600**
(Course Fee includes all notes, study materials, Clinic costs etc.)

Flexible Course fee installment plans available to all students

Entire course fee may be paid at A Minimum of \$155 a week

Account management fee of \$250 per course is payable for all installment plans to be paid off before course completion

Teas and fresh cooked vegetarian lunch provided at no cost in every class.

To be delivered at: 1 & 6, 5-11 Byron Street, Byron Bay, NSW 2481 Australia

For Refunds - Refer to Refund policy on our web site.

No Refunds after course commencement. Full Refund on Visa refusal.

Please contact us for our detailed course information and Terms & conditions. *For your prior learning and experience in Ayurveda through self-study, work experience or other courses etc. give us a call to discuss how you could benefit through Recognition of prior learning (RPL).* Applicants must have completed their First Aid course (HLTAID003) before commencing clinic work.

Ayurveda College is committed in supporting you during and after your course

Ayurveda College does not Provide Training in any individual Units only
E.g. HLTAID003— Provide First Aid.
Enrolment is for the entire course/s taught & assessed wholistically.

Ayurveda House incorporates:

- Ayurveda College, RTO (Registered Training Organisation) teaching Nationally Recognised, Courses. CRICOS approved courses in Ayurveda only at , Byron Bay, NSW
- HLT52615 Diploma of Ayurvedic Lifestyle Consultation
- HLT62615 Advanced Diploma of Ayurveda
- ATMA (Ayurvedic Practitioners Professional Body Atma.)
- Ayurvedic Clinic at Byron Bay and Kyogle
- Ayurveda Essentials, manufacturing and distributing Ayurvedic Medicine and Products
- Ayurvedic Dispensing Pharmacy
- Professional Consultation, Massage and other Ayurvedic Health, detox, Rejuvenating, Beauty and Yoga therapies available at our Professional Clinics at Byron Bay & Kyogle, NSW
- Attend our Student Clinic for a consultation or massage/ therapy for \$50.00 with prior booking

Ayurveda House is totally committed in supporting Classical Ayurveda Education, Training and Practices Globally

Ayurveda College Pty. Ltd. ACN 086982005

Learn Classical AYURVEDA in Byron Bay

"The Science of Healthy Living & the Art of Healing"

Ayurveda College Pty. Ltd ABN 83086982005

RTO National Provider No 31161 CRICOS Provider Code 02613K

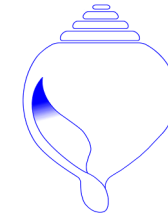
1 & 6, 5-11 Byron Street, Byron Bay, NSW 2481 Australia

And 27 Campbell Rd Kyogle NSW 2474 Australia

Tel: 02 66808788 / 02 66322244 / Mob: 0408485778

info@ayurvedahouse.com.au www.ayurvedahouse.com.au

*Celebrating
Over 42 years
of Ayurvedic
Education,
Training
& Practice in
Australia*



*Practical training begins
in the very first week and
continues throughout the
course. Short courses
available Flexible study
options available. Entire
course fee can be paid by
weekly installments*

Nationally Recognised Training in AYURVEDA
CRICOS approved Diploma & Advanced Diploma
Ayurvedic Practitioner Level Training

Two full days and one half day a week, face to face class attendance is mandatory, with an additional 12 hours learning a week required for scheduled assignments and research work

Training is provided Face to Face

(NOT Online, Webinars or by Correspondence)

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

CRICOS Code 089378G - 78 weeks

Starts Jan 2020 (200 hours of clinic work mandatory)

HLT62615 Advanced Diploma of Ayurveda

CRICOS Code 089379G -132 weeks Starts May 2020

(400 hours of clinic work mandatory)



Venue: Ayurveda College
1&6, 5-11 Byron Street, Byron Bay, NSW 2481

Tel:66808788/ 0266322244 Mob: 0408485778

Ayurveda Health and Beauty Centres at Byron Bay & Kyogle
open 6 days Mondays to Saturdays for Training,
Ayurvedic Consultations, Therapies & Yoga Therapies

Overseas Students are Welcome

Overseas Visitors do not require a student visa for a short 12 week course of study in Australia (Confirm with DOHA)

E-mail: info@ayurvedahouse.com.au
www.ayurvedahouse.com.au

**LIMITED SPACES
ENROLL NOW**

HLT52615 Diploma of Ayurvedic Lifestyle Consultation

see details on www.training.gov.au

CRICOS Code 089378G - 78 weeks

This qualification reflects the role of Ayurvedic lifestyle consultants who provide advice, selected remedies and therapies according to Ayurvedic principles. People working at this level may be self-employed independent practitioners or work in a larger health service.

To achieve this qualification, the candidate must have completed **200 hours** of work as detailed in the Assessment Requirements of units of competency.

Total number of units = 18, □ 13 core units □ 5 elective units, consisting of:

□ 1 unit from the Business Management group

□ 4 elective units as listed below

Core units

CHCCOM006 Establish and manage client relationships

CHCDIV001 Work with diverse people

CHCLEG003 Manage legal and ethical compliance

CHCPRP003 Reflect on and improve own professional practice

HLTAAP002 Confirm physical health status

HLTAID003 Provide first aid

HLTAYV001 Develop Ayurvedic practice

HLTAYV002 Make Ayurvedic lifestyle assessments

HLTAYV003 Provide Ayurvedic bodywork therapies

HLTAYV004 Provide Ayurvedic lifestyle advice

HLTAYV005 Provide advice on Ayurvedic nutrition

HLTINF004 Manage the control of infection

HLTWHS004 Manage work health and safety

Elective units Business management

BSBSMB404 Undertake small business planning

Other electives

HLTHPS010 Interpret and use information about nutrition and diet

HLTMSG001 Develop massage practice

HLTMSG002 Assess client massage needs

HLTAYV004 Provide Ayurvedic lifestyle advice

HLTAYV005 Provide advice on Ayurvedic nutrition

HLTAYV006 Take cases within an Ayurvedic framework

HLTAYV007 Diagnose conditions within an Ayurvedic framework

HLTAYV008 Provide Ayurvedic remedial therapies

HLTAYV009 Provide therapeutic Ayurvedic nutritional advice

HLTAYV010 Select and advise on Ayurvedic medicines - dravyaguna

HLTAYV011 Prepare and dispense Ayurvedic medicines - dravyaguna

HLTAYV012 Monitor and evaluate Ayurvedic treatments

HLTINF004 Manage the control of infection

HLTWHS004 Manage work health and safety

Elective units - Business management

BSBSMB404 Undertake small business planning

Other electives

HLTMSG001 Develop massage practice

HLTMSG002 Assess client massage needs

HLTMSG004 Provide massage treatments

Delivery methods Courses will be delivered in a variety of methods including face-to-face lectures, demonstration by trainers and supervisors, practical clinic classes, individual and group work, Video, computer imaging, case scenarios, clinical experience, guest speakers, excursions to botanical gardens, clinics, Herbal medicine manufacturing facilities at Ayurveda House at Kyogle, treating clients under supervision etc. Emphasis is on hands-on training and students will be trained to do comprehensive consultations, provide advice on Nutrition, Massage, make & dispense Ayurvedic oils & medicine, Ayurvedic cooking, therapeutic Yoga, provide Ayurvedic medicine and Ayurvedic Remedial Therapies and cleanses and much more.

Range of Ayurvedic therapeutic Massage Therapies, Shirodhara, Advanced Diagnosis & Prescriptions, Sat Karma, Pancha Karma, Making Ayurvedic Medicine, Refer- rals, Reviews and cleanses, Management in Health and illness, Management of Chronic illness, introduction to Meditation, Longevity through inner peace and health etc. are some of the important features of the Advanced Diploma Course in Ayurveda.

Over 42 Years Experience in Teaching & Practicing Classical Ayurveda

Our training is delivered face-to-face by Nationally accredited Practitioners & Trainers with a minimum of 8 years of professional practice.

Equipment and facilities available to students during class and clinic are the best in the country and include reference texts, student shop, photocopier, computer, printer, wi fi, massage beds, Iris cameras, linen and a range of Ayurvedic tools, herbs & oils etc., fully equipped Ayurvedic Clinics, kitchen and other products.

Learn Ayurveda the best way we know - through practical hands on training

under professional supervision. Our clinics provide you avenues to integrate your learning and demonstrate skills that are part of the assessment process. We guarantee Professional Ayurvedic Training and access to equipment in practical settings that is equal to the best in the industry. Your entire mandatory clinic work place- ment will be provided for at our own clinics. Applicants must have completed their First Aid course (HLTAID003) before commencing clinic work.

Ayurveda College is committed in supporting you during and after your course.

Wholistic Assessment methods

Student's knowledge and skills will be assessed based on a combination of tasks such as clinic performance, case taking/ consulting clients, providing therapies to clients, communication skills, practical demonstrations, oral questions and written and Oral assessments etc. taking into consideration the Training package requirements. Assess- ments to be held every two weeks (May be Oral, written, demonstration, observation, assignment etc.) Massage, self massage and other Ayurvedic mind body therapies are mandatory practices of the course. Our focus is on hands on Vocational Ayurvedic competence.

The CEO will Provide/arrange for all possible support to individual students throughout the duration of the course and will also personally monitor their progress in the course itself. Support continues after graduation.

About the teachers – Prof. Jason Chandler is a graduate of Tibetan Medicine (Tibet), graduate of Ayurvedic Medicine (India), Natural Therapies (Australia, Japan, USA), graduate Cert IV& Diploma Ayurvedic Lifestyle Consultation and Graduate Diploma and Advanced Diploma of Ayurveda (Australia) and has a Bachelors Degree of Communication. He is an accredited trainer and assessor and has been teaching and practicing Ayurveda in Australia for over 42 years. He has also been teaching Ayurveda in India, Japan, Hong Kong, Singapore and USA. With early training in a Tibetan Monastery followed with intensive Ayur- veda training in Tibet & India, Jason is well respected around the world for his knowledge and experience in Classical Ayurveda and invites you to participate in our training courses and Clinics. All Associate teachers are accredited trainers and assessors and have been teaching and practicing Ayurveda in Australia for over 8 years and are all Ayurveda College Graduate Ayurveda Practitioners trained by Prof. Chandler.

About Ayurveda College. The Ayurveda College is Celebrating its 43rd anniversary in Education, Training and Practice of Ayurveda in Australia.

Our well-trained and experienced staff are committed to providing you with Professional Life-long Quality Training in Theory and Practice of Classical Ayurveda. The Ayurveda College has professional Clinics at Byron Bay & Kyogle and has its own pharmacy, practice rooms, equipment, accommodation (Kyogle only) and most experienced and caring, permanent teachers and Ayurveda Practitioners (All based locally).

Please call for our detailed Application Form and course brochure. If you wish to apply for RPL (Recognition of Prior Learning) please provide us in brief, details of your Prior Learning & experience and RPL forms will be sent to you.

We welcome you to our practical, hands-on Training Courses in Classical Ayurveda and to our Ayurveda Health and Beauty Centres at Byron bay & Kyogle

For our courses, two full days and one half day a week, face to face class attend- ance is mandatory, with additional 12 hours learning a week required for sched- uled assignments and research work.

Training is provided Face to Face

NOT Online, webinars or by correspondence

Satisfactory results must be achieved in all the assessments/assignments in every study period of their course and in Clinic work.

Students are welcome to experience our Ayurveda Professional Clinic consultations & therapies at discounted prices. Student discounts are also offered on our entire range of Organic Ayurvedic products.

Ayurvedic Consultations with a full range of Ayurvedic Treatments & Traditional Therapeutics available. Overseas Students are Welcome.

Book in for a Classical Ayurveda consultation or Massage Therapy at our Practitioner supervised Student Clinic for \$50 (app. 1 Hour).
0102019

Please note: No Mobile phones allowed in class or clinic

For Detailed contents of courses please visit www.ayurvedahouse.com.au and click the link- Contents Taught in the Diploma and the Advanced Diploma In the College tab.

© 1980 /2020 Prof. Jason Chandler, Ayurveda & Tibetan Health Care, Professor & Practitioner, Course Brochure Version Jan 20

